



Hope Survives by Cristabelle Braden



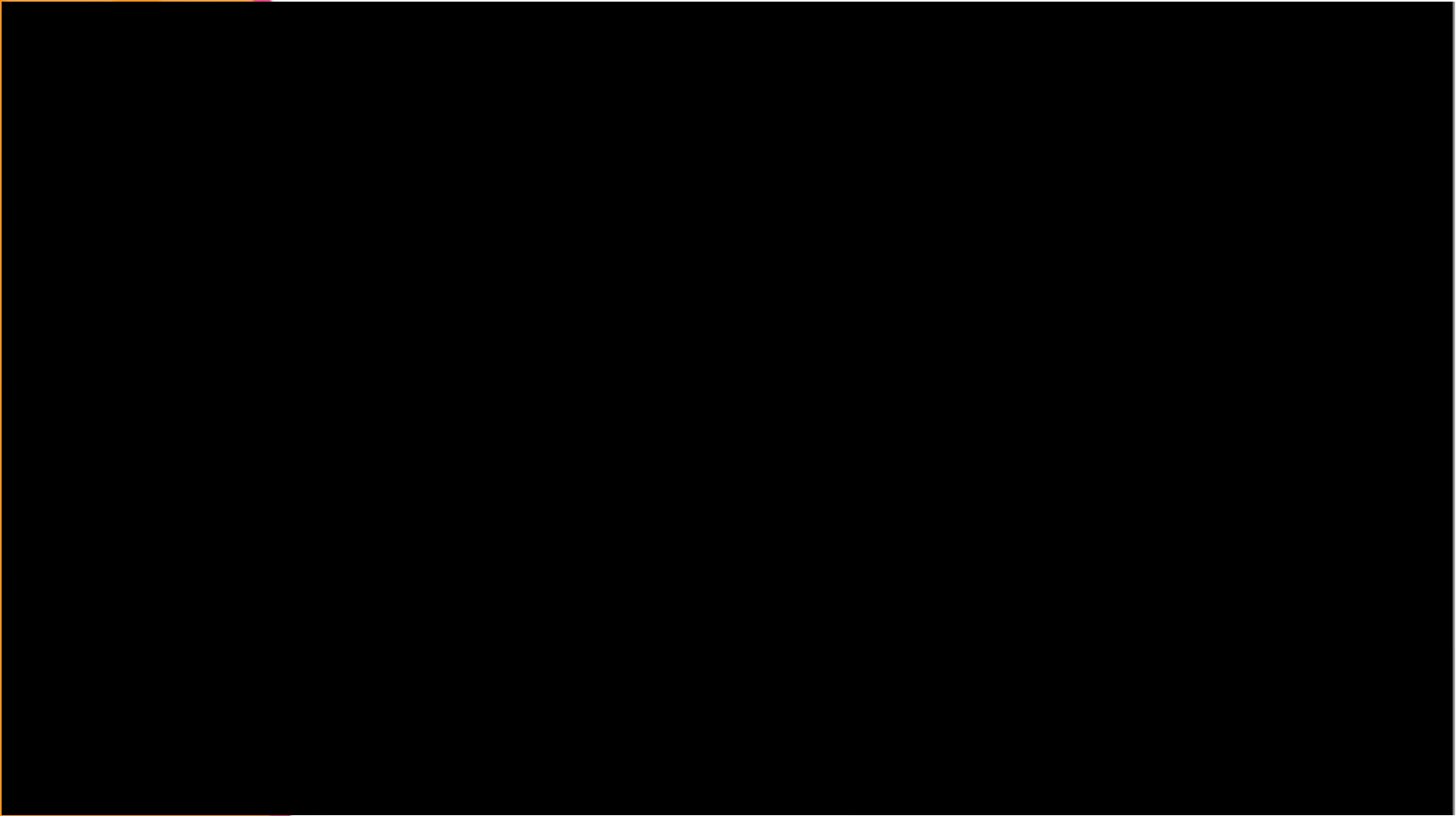
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<https://facesoftbi.com/wp-content/uploads/2019/02/notinvisible.PDF>



An Introduction



Feb. 3, 2014





 **#NOTINVISIBLE**
PUTTING A FACE ON BRAIN INJURY

A Bit About MY TBI

- Slipped and fell on an icy driveway
February 3, 2014

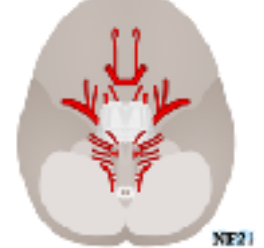
- **Injuries included:**
severe concussion
major whiplash
C4/C5 damage
dislocated sternum
torn |



My Symptoms Included:



Cranial Nerves



CHIROP



**CRANIAL
SACRAL
THERAPY**

CHIROPRACTOR



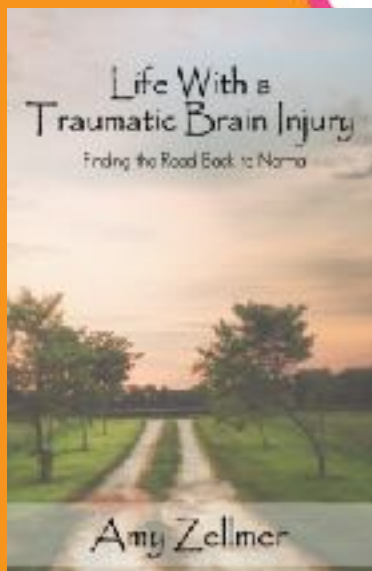
**CRANIAL
SACRAL
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Functional Neurology & Vestibular Therapy



Advocacy and Awareness



Advocacy and Awareness

Understanding Essential Oils

www.facesoftbi.com/eo



Essential oils have been a critical part of my recovery process and I want to share with you ways that they can help YOU by supporting your brain health, emotional well-being, stress levels, and overall wellbeing! Additionally, I want to help you remove toxic products from your home and life and start using 'brain friendly' products instead. Sign up on my website to start receiving your FREE essential oils training right away!

Want a FREE sample???

Simply pay \$4.95 shipping & handling and receive a generous sized sample of lavender, lavender, and lemon essential oils - plus tons of great information on how to use them!

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SEE WHAT TO TRY!

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The Brain Health Academy

www.facesoftbi.com/academy

The Brain Health Academy is a year-long subscription based program designed to help you feel more supported, encouraged, educated, and most importantly - *not alone* in your recovery!

Each week you'll receive a loving postcard, enlightening live talker, to your brain as well as an educational PDF with topics to help you along in your recovery. You will also be a part of a private online community with direct access to your hosts.

MEET YOUR HOSTS



Sue & Amy

Sue Wilson is a Certified Holistic Health Coach and loving mother of two. She received her master's degree in Exercise Physiology from Minnesota State University, Mankato and has also been a certified and Licensed Athletic Trainer for 15 years. She is passionate about improving people's well-being by teaching them to create a lifestyle of health and happiness in their daily lives. She sits on the board of directors for CTE Hope, and is dedicated to helping improve the lives of those who have been affected by concussion and brain injury.

Amy Zehner is an award-winning author, keynote speaker and TBI survivor from a fall on the ice in 2014. She founded Faces of TBI in 2015 and is also the creator of the #NOTINVISIBLE awareness campaign. She is a frequent contributor to the Huffington Post, and produces podcast series for TBI survivors. She sits on the Brain Injury Advisory Council through the Brain Injury Association of America, and is a volunteer with the Minnesota Brain Injury Alliance "Action's advocates". She travels the country with her family, Paws, to help raise awareness about the silent and invisible injury that affects over 2.5 million Americans each year.



#NOTINVISIBLE
PUTTING A FACE ON BRAIN INJURY

#NOTINVISIBLE

- two-year, international awareness campaign
- putting a face on this invisible injury
- raising awareness about this injury that affects over 3.5 million Americans each year

What is #NOTINVISIBLE

viral social media campaign



What is #NOTINVISIBLE

Survivor Stories

Meet Belinda

Suffered a traumatic brain injury
in 2012 in an auto accident.
Received what is called a 'shaken
baby syndrome concussion.'

She is currently: a powerlifter,
group fitness instructor, personal
trainer, business co-owner, clinic
manager, and another of 8!!!



#NOTINVISIBLE
PUTTING A FACE ON BRAIN INJURY



#NOTINVISIBLE
PUTTING A FACE ON BRAIN INJURY

What is #NOTINVISIBLE

Research Study

OBJECTIVE: To identify trends in types, diagnosis, and resources of brain injury.



What is #NOTINVISIBLE

Charitable Partner

#NOTINVISIBLE Merchandise: www.zazzle.com/facesoftbi

Brain Health Summit: www.thebrainhealthonline summit.com

Donations: www.giveclassy.org/notinvisible



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This Evening

Photo Subjects

questionnaire & release form

Research Survey

survey & release form
you can have help!!

Selfie Station & Minøle

social media tag