

ACCESSIBLE YOGA

with Amy Zellmer

\$10/month | www.patreon.com/amyzellmer



MARCH CLASS SCHEDULE

all times listed are CST

March. 1 – 10am

March 18 – 3pm

March 4 – 3pm

March 25 – 3pm

March 11 – 3pm

March 29 – 10am

March 15 – 10am

April 1 – 3pm

All classes are virtual via Zoom

with replays available in a private FB group

Registration required: www.patreon.com/amyzellmer